# Aine Marie Kelly Educational Outcomes

#### **No Financial Disclosures**

## Background

- Medical Education a rapidly growing field of research
- Call for accountability and return on investment
- Evaluate connection between medical education and outcome



Yarris LM. Acad Emerg Med. 2011 Oct;18 Suppl 2:S27-35. Chen FM. Acad Med. 2004; 79:955–60.

## Background

- Quality of patient care determined to some extent by quality of medical education that students and residents receive
- Little funding medical education research



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## Challenges

- Insufficient resources, funding, training, experience
- Difficulty navigating institutional review boards
- Small sample sizes
   Difficulty defining outcomes that are relevant and measurable



#### **Educational Research Outcomes**

- Review of outcomes in medical education
  - Trainee assessment and satisfaction most frequently studied
  - Trainees (69%) > Faculty (19%)>> Providers (8%) >> Patients (4%)
  - Performance (49%) > Satisfaction (34%) >> Cost (2%)>> Patient outcomes (0.7%)



#### **Necessary Elements**

 These include theoretical frameworks, the application of rigorous study design and the use of meaningful outcomes



#### **Steps to Educational Research**

- Identify research problem or question
- Conceptual framework to guide study
- Craft research question
- Design study
- Define outcome



#### **Research Problem or Question**

#### Whose perspective?

- Trainee
- Faculty/educator
- Patient
- Provider/health care system
- What are we measuring?
  - Performance
  - Satisfaction
  - Professionalism
  - Quality of life
  - Cost



#### **Trainee Outcomes**

- Performance
  - Exam scores
  - Reporting
  - On call
- Satisfaction
  - Opinions, feelings, beliefs and attitudes
- Professional issues
  - Ethical, moral and career choices
- Cost
  - Financial outcomes or implications



#### **Faculty Outcomes**

#### Performance

- Noon conference
- At the view box
- Clinical/procedural
- Assessment/feedback
- Satisfaction
  - Opinions, feelings, beliefs and attitudes
- Professional issues
  - Promotion, tenure, career choice
- Cost
  - Financial outcomes or implications



#### **Patient Outcomes**

- Clinical
  - Morbidity, mortality, length of stay
- Satisfaction
  - Perceptions regarding health care
- Quality of Life
  - Abilities to care for themselves, activities of daily living
- Cost
  - Financial outcomes or implications



#### Provider / Health Care System Outcomes

#### Performance

- Practice patterns
- Quality metrics
- Satisfaction
  - Opinions, feelings, beliefs and attitudes
- Professional issues
  - Ethics, morality, career choice, quality of care
- Cost
  - Financial outcomes or implications



#### **Conceptual Framework**

- Way of thinking about research question or study
- Representing how complex systems work
- Framework used to guide study will determine which research aspects to focus on
- Well designed studies will pose research question in the context of conceptual framework being used



Bordage G. Conceptual frameworks to illuminate and magnify. Med Educ. 2009; 43:312–9.

## Educational Theories and Models

- Behaviorism
  - Classical conditioning
  - Operant conditioning
  - Goals operators methods model
  - Social learning theory
- Cognitivist
  - Assimilation
  - Attribution
  - Cognitive load
  - Component display
  - Elaboration
  - Gestalt
  - Mental models
  - Schema theory
  - Stage theory cognitive development [Piaget]





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## Educational Theories and Models

- Constructivism
  - Case based
  - Cognitive apprentiship
  - Communities of practice
  - Discovery
  - Goal based scenarios
  - Social development theory
  - Problem based
  - Situational learning
- Humanism
  - ARCS model of motivational design
  - Experiential learning
  - Facilitative teaching
  - Invitational learning Perkey
  - Maslow hierarchy of needs
- Design based
  - Elaboration theory
  - ADDIE Model of instructional design
  - ARCS model of motivational design



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#### **Evidence Based Guidelines**

- Systematic reviews of teaching methods
  - Best Evidence Medical Education Guides
- Evidence based educational practice guidelines



Parachutes reduce the risk of injury after gravitational challenge, but their effectiveness has not been proved with randomised controlled trials

Dauphinee WD, Wood-Dauphinee S. Acad Med. 2004 Oct;79(10):925-30.

#### **Craft the Research Question**

- F-Feasible enough subjects, technical expertise, affordable
- I-Interesting to investigator and audience
- N-Novel confirm or refute prior findings, or provide new findings
- E-Ethical
- R-Relevant to science, policy, future directions

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## Study Design

- Curricular innovations
  - E.g. Kern six step process
- Consensus conference proceedings
  - identifying and addressing knowledge gaps
- Qualitative research studies
- Quantitative research studies
- Mixed methods research

studies Yarris LM. Acad Emerg Med. 2011 Oct;18 Suppl 2:: Chen FM. Acad Med. 2004; 79:955–60.



#### **Curricular Innovations**

- Problem / general need identification
- Target needs assessment of learners
- Educational goals and objectives
- Instructional strategies
- Implementation
- Evaluation and feedback

Kern DE, Thomas PA, Howard DM, Bass EB.

Curriculum Development for Medical Education: A Six-Step Approach. Baltimore, MD: The Johns Hopkins University Press, 1998, P. 178.

#### **Outcomes Curricular Innovations**

#### Subjective

- Learner satisfaction (Likert)
- Self reported confidence (Likert)

#### Objective

- Knowledge (numerical, yes/no)
- Skills (procedural, reporting)
- Attitudes (open ended questions)
- Behaviors (steps)
- Performance (pass/fail, steps, numerical)



#### **Consensus Proceedings**

- Address a knowledge gap
- IRB approval
- Track and categorize attendees
- Plan agenda
- Formal process to achieve consensus [Delphi]
- Millennium conferences
  - Teaching patient safety 2009
  - Educational research 2007
  - Medical simulation 2005



#### **Qualitative Studies**

- Explore and understand phenomenology
- Non numeric narrative and visual data
- Extensive interaction
- Small sample size
- Interviews, focus groups and free text responses from surveys



#### **Qualitative Studies**

- Theory building
- Inductive reasoning;
   <u>record observations</u>,
   <u>identify patterns or</u>
   <u>themes</u>, form
   hypotheses, and inform
   theory



#### **Quantitative Studies**

- Direct observation
- <u>Numeric data with</u> <u>statistical analysis</u>
- Little interaction
- Larger sample size to demonstrate statistical significance
- Descriptive studies and analytical studies



#### **Quantitative Studies**

Theory testing Deductive reasoning; start with theory, guide research hypothesis, tested using objective measures and confirmed with statistical analysis



#### **Educational Studies**

- Descriptive Studies
  - Case reports / series
  - Correlational ecological
  - Cross sectional
- Analytical studies
  - Case control



- Cohort / prospective studies
- Randomized controlled trial

Carney PA, Nierenberg DW, Pipas CF, Brooks WB, Stukel TA, Keller AM. JAMA. 2004; 292:1044–50.

#### **Educational Research Outcomes**

#### Who are we looking at?

- Trainee [medical student/resident]
- Faculty/educator
- Patient
- Provider [clinician / health care system]
- What are we measuring?
  - Performance [exams, procedures, reporting]
  - Satisfaction [opinions, feelings, beliefs, attitudes]
  - Professionalism [ethical, moral, and career choices, promotion, tenure]
  - Quality of life [activities of daily living]
  - Cost [financial implications]

# Thank you for your time and attention!

Any questions or comments?

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